

## Weather

### 1. Be weather-wise

(a) Camping. — Bad weather may determine when you stop and make camp. Where you pitch camp will depend on prevailing wind conditions and how you camp will depend on how severe you expect the weather to be during the night (e.g. extra guys and pegs)

(b) Clothing. — It's no good waiting until it is raining to get your waterproofs out of your rucksack.!

(c) Food. — Bad weather decreases energy reserves and increases risk of exposure, hence more and hotter food must be eaten.

### 2. Crossed-wind rules

(a) Stand with your back to the lower wind and if upper wind (or clouds) come from the LEFT then the weather will normally deteriorate.

(b) Stand with your back to the lower wind and if the upper wind (or clouds) come from the RIGHT then the weather will normally improve.

(c) Stand with your back to the lower wind and if upper wind (or clouds) move on a parallel course the weather will normally not change very much.

### 3. Weather Forecasts.

Recorded message obtained by ringing

**061 246 8093**

(for N. Wales region)  
or personal advice and information obtained by ringing Colwyn Bay 8091 or Chester 8091

### 4. More information about weather?

The Weather Guide - by A.G. Forsdyke.  
Pub. Hamlyn 50p.