

SNOWDONIA EXPEDITION

MENUS

BREAKFAST

LUNCH

DINNER

1st DAY

Thursday

Stew & Coffee
Chere Biscuits

2nd DAY

Friday

Bacon, Tomatoes
Bread & Butter,
Marmalade &
Coffee

Rye King or similar
Mars, Nuts &
Raisins. Fruit
Drink.

Steak & Kidney Pie.
Potatoes & Eggs
Instant Whip
Coffee

3rd DAY

Saturday

Porridge
Sausage & Beans
(Tinned)
Coffee

Rye King or similar
Mars Nuts &
Raisins. (or Raisin
Bar) Fruit Drink.

Vesta Ready Meal
and Dehydrated
Macodine. (mixed Veg)
Apple Tea
Coffee

4th DAY

Sunday

Porridge
Bacon & Beans
Bread. Marmalade
Coffee

Expedition Sennich
here ?!
∴ Remainder of
Food Consumed.

5th DAY