

SE

SILVER 'E' (Ladies)

SNOWDONIA EXPEDITION.GROUP PERSONNEL

- ✓ 1. Barbara Harvey (Leader)
 ✓ 2. Gillian Rock (Second in Command)
 ✓ 3. Mary Garrett } Cooks
 ✓ 4. Marie Pierce
 ✓ 5. Pat Rainey
 6. Melbourne Hayward

ROUTE

S/B3/L5

<u>DATE</u>	<u>Map Ref.</u>	<u>Place</u>	<u>Distance</u>	<u>E.T.A.</u>	<u>E.T.D.</u>
31-3-72	797542	CLOGWYN BRITH	0 miles	—	0900
"	754539	PONT-Y-PANT	2 ³ / ₈	1105	1115
"	772576	M.S NEAR CAE'N Y COED	6 ⁵ / ₈	1300	1310
"	778594	BRYN-Y-FAWNOG	8 ⁹ / ₂	1525	1535
"	787567	BETWS-Y-COED-CAMPSITE	11 ³ / ₄	1650	0820
1-4-72	789609	GWYDYR UCHAF	15 ¹ / ₈	1140	1150
"	778619	TELEPHONE ATTAI	15 ⁵ / ₄	1230	—

PROPOSED STOPPING TIMES

	<u>Map Ref.</u>	<u>Place</u>	<u>E.T.A.</u>	<u>E.T.D.</u>
31st March	768538	Beside river	10.15	10.35
31st March	775575	Beside river Conway - just after check point.	13.20	13.50
1st April	793590	Llyn-y-parc - Lake.	10.00	10.20

SNOWDONIA EXPEDITION

MENUS

BREAKFAST

LUNCH

DINNER

1st DAY

Porridge.
Sausages & Eggs
Drink.

Chocolate.
Nuts & Raisins.
Jelly Cubes.
Dextrosol.
Orange
Kendell Mint
Cake.
Max. Bars.
Eco Cubes.
Dried Fruit.
Cheese.

Tomato Soup.
Chow Mein.
Instant Whop.
Hot Drink.

2nd DAY

Porridge.
Bacon & Fried
Instant Potato
Drink.

11.

Chicken Soup.
Beef Hash.
Instant Whop.
Hot Drink.

3rd DAY

4th DAY

5th DAY