

SNOWDONIA EXPEDITION.

GOLD A  
1969

GROUP PERSONNEL

1. A. Gibson (Leader)
2. D. Hulthope (Second in Command)
3. J. Kelly
4. M. Sayer
5. G. Hastings
- 6.

ROUTE

<u>DATE</u>	<u>Map Ref.</u>	<u>Place</u>	<u>Distance</u>	<u>E.T.A.</u>	<u>E.T.D.</u>
2/4/69	727 569	Base Camp	2 1/8	4,30	4,30
	716 591	Tal-y-waer	6	5,30	5,35
	718 640 camp	Llyn Eryau	6	9,55	8,00
4/4/69	653 690	Gwyn	2 1/2	2,30	2,35
	627 669	Chapel of Bethesda	3 1/4	4,05	4,10
	635 626 camp	Maes caradoc	3 1/2	6,00	7,30
	662 588	Llyn Bodderog	3 1/2	11,00	11,05
5/4/69	647 557	Hotel Gampnyddia	2 1/4	1,00	1,05
	614 548	Glaslyn	1 3/8	2,45	2,50
	634 546 camp	Llyn Llydau	1 1/4	4,30	7,00
6/4/69	653 540	Went bottom of junction	4 1/2	9,10	9,15
	707 519	End Ancient Trackway	1 3/4	12,30	12,35
	735 524	Dewyddelan	4 1/8	1,35	1,40
	732 569 camp	Base Camp.		4,30	

PROPOSED STOPPING TIMES

<u>Map Ref.</u>	<u>Place</u>	<u>E.T.A.</u>	<u>E.T.D.</u>

SNOWDONIA EXPEDITION

MENUS

BREAKFAST

LUNCH

DINNER

1st DAY

2nd DAY

3rd DAY

4th DAY

5th DAY

Porridge  
Bacon  
Eggs  
coffee  
Russet

Porridge  
Bacon  
Scrambled  
eggs  
coffee  
russet

Porridge  
Bacon  
eggs  
coffee  
Russet

Kif Kif, dried  
fruit and  
chocolate

Dried fruit  
chocolate  
Digestive  
Biscuits

Chocolate  
Russet  
cheese  
Dried fruit

Sausages  
Potatoes  
Peas  
Apples and  
coffee

Beef soup  
meat casserole and  
potato dumplings

Minestrone  
soup  
Kinge dried meat  
Potatoes  
peas  
coffee

Beef chunks in gravy  
Potatoes  
tin peas  
fruit pie  
mustard