

SNOWDONIA EXPEDITION.

BRONZE A

1969

GROUP PERSONNEL

1. JOHN CHENEY (Leader)
2. Nigel Baker (Second in Command)
3. TREVOR SMITH
4. BARRY PARISON
5. CHRISTOPHER JOHNSON
6. PAUL PAUL PLUMBRIDGE

ROUTE

<u>DATE</u>	<u>Map Ref.</u>	<u>Place</u>	<u>Distance</u>	<u>E.T.A.</u>	<u>E.T.D.</u>
4 th April	807528 *	MOSS HILL	0	0	0900
	798539		5	1200	1215
	758544 *	FRON GÖCH	8	1415	1430
	772575	M. S	9 1/4	1530	0800
	787567 C	BETWS-Y-COED	11 1/2	0930	0945
5 th April	778593 *		15	1215	
	781632 *				

PROPOSED STOPPING TIMES

<u>Map Ref.</u>	<u>Place</u>	<u>E.T.A.</u>	<u>E.T.D.</u>
787567	BETWS-Y-COED	1530	0800

SNOWDONIA EXPEDITION

MENUS

BREAKFAST

LUNCH

DINNER

1st DAY

NUTS & RASINS, CHOCOLATE,
SWEETS AND HOT DRINK
MENDAL MINT CAKE,
* GLUCOSE SWEETS,

POTATOES, PEAS,
BRAISED BEEF.
INSTANT WHIP.
COFFEE & BISCUITS.

2nd DAY

PORRIDGE.
BACON, DRIED EGGS,
TEA, NY KINS
BISCUITS.

NUTS & RASINS, CHOCOLATE
SWEETS & HOT DRINK
MARS.

3rd DAY

4th DAY

5th DAY