

SNOWDONIA EXPEDITION

MENUS

BREAKFAST

LUNCH

DINNER

1st DAY

Sausages, Instant
potatoes, Pears, Bread,
Butter.

2nd DAY

Porridge.
Bacon eggs
Tea

Dried Fruit
Nuts, Chocolate.

Beef.
Curry, Tea.

3rd DAY

Porridge,
Bacon, Tomatoes
Tea.

Fruit, nuts,
Chocolate.

Prawn curry, Tea
cheese Bisc.

4th DAY

Porridge
Eggs, bacon
Tea.

Roast Beet
Potatoes, Sprouts
Rice or Macaroni

Nuts, Fruit,
Chocolate.

5th DAY