

SNOWDONIA EXPEDITION.

GOLD 1

1967

GROUP PERSONNEL

- |                      |               |
|----------------------|---------------|
| 1. Leader            | S. A. Sypula. |
| 2. Second in command | D. Berry.     |
| 3.                   | G. Mills.     |
| 4.                   | P. Payne.     |
| 5.                   | K. Lines.     |
| 6.                   |               |

ROUTE MAP REF.	Dates.	PLACE	DISTANCE	E.T.A.	E.T.D.
792 565	23/3/67.	Betws-Y-Coed.	-	-	16.30
764 632 *		Ge Llilydan.	6ml.	19.30	08.00
723 649	24/3/67.	Eigia u R <sup>th</sup> sr	6½ml.	12.50	13.50 <sup>5</sup>
652 689		Gyr n	7½ml.	18.30	18.35
651 664 *		Afon Caseg	3ml.	2 0.30	08.00
631 653	25/3/67.	Ogwen Bank	1½ml.	8.45	8.50
662 588		Glydern Fach	5½ml.	12.15	12.30
634 546 *		Llyn Llydaw	4½ml.	17.45	08.00
653 540	26/3/67.	Gwa stadannas	1½ml.	8.45	8.50
707 519		dolwyddelan	4½ml.	11.45	11.50
728 524		Dolwyd d ela n Villa ge.	1½ml.	12.45	

\* Camp Sites

PROPOSED STOPPING TIMES

MAP REF.		PLACE	E.T.A.	E.T.D.
72 3 649	24/3/67.	Eigiau Res r	12.50.	13.50 <sup>15</sup>
662 588	25/3/67.	Glyder Fa ch.	<del>12.50</del> 12.15	12.30.

SNOWDONIA EXPEDITION

MENUS

BREAKFAST

LUNCH

DINNER

1st DAY

BEEF RISOTTO + Soup.  
 Sa usages. + BEEF STOCK  
 Potatoes.  
 Peas.  
 Cocoa.

2nd DAY

DRIED FRUIT + REDIBREK  
 Variety  
 Sausages  
 POTATOES  
 Ryvita  
 Jam  
 Coffee

Mint Cake  
 Nuts/Raisons  
 Dates  
 Chocolates  
 DUNDEE CAKE

Soup  
 Frankfaeters  
 MEAT & VEG CURRY + STOCK  
 Corn  
 Instant Whip  
 Ryvita  
 Coffee

3rd DAY

DRIED FRUIT + REDIBREK.  
 Variety  
 Bacon  
 POTATOES  
 Ryvita  
 Marmalade  
 Coffee

JELLY  
 Mint Cake  
 Nuts/Raisons  
 Dates  
 Chocolates

Soup  
~~Steak~~ + HF/S + STOCK  
 OXTAIL + CURRY  
 Pots  
 Peas  
 Instant Whip  
 Cocoa

4th DAY

DRIED FRUIT + REDIBREK  
~~Variety~~  
~~Bacon~~  
 Ryvita  
 Jam/Marmalade  
 BEANS + SPAGHETTI

Mint Cake  
 Nuts/Raisons  
 Dates  
 Chocolates

Soup  
 BRAISED STEAK + MINCED STEAK  
~~Peas~~ + STOCK  
 Pots  
 PEAS  
 Cocoa  
 Rivita Jam/Marmalade.

5th DAY