

## GROUP PERSONNEL

1. Leader T. RYAN
2. Second in command P. ATKINSON
3. L. ADAMS
4. P. HUDSON
5. G. YOUNG
6. D. THILTHORPE

ROUTE	Dates.	PLACE	DISTANCE	E.T.A.	E.T.D.
MAP REF.					
798615		Llanrwst			1400
789608		Gwdyr	1/2 m	1430	1440
792567		Betws-y-Coed	3 "	1640	0800
790544		Clogwyn Brith	2 "	9450	955
758544		Fron Gôch	2 3/4 "	1115	1130
773537		Cethin's Br.	2 "	1200	1210
789506		Penmachno	4 "	1335	1345
807528		Moss Hell	2 1/2 "	1435	

## PROPOSED STOPPING TIMES

MAP REF.	PLACE	E.T.A.	E.T.D.
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SNOWDONIA EXPEDITION

MENUS

BREAKFAST

LUNCH

DINNER

1st DAY

SOUP  
YEOMAN POTATO  
Runner Beans  
Fish fingers

2nd DAY

Ready Brek  
Bacon  
Eggs  
Tea and Coffee

Rivita  
Nuts  
Raisins  
Dried fruit.

3rd DAY

4th DAY

5th DAY